

EXHIBIT 2

EEE-E (1) Wellness Program

Foods of minimal nutritional value and Competitive Foods as defined by USDA regulations:

“210.11 Foods of Minimal Nutritional Value”

A food which provides less than five percent of the Reference Daily Intakes (RDI) for each of eight specified nutrients per serving and in the case of all other foods, a food which provides less than five percent of the RDI for each of eight specified nutrients per 100 calories and less than five percent of the RDI for each of eight specified nutrients per serving.

Examples: Soda water, water ices, chewing gum, and certain candies (hard candy, jellies/gums, marshmallow, fondant, licorice, spun candy, candy coated popcorn) are prohibited.

The Foods of Minimal nutritional value food items should not be served, sold or given out as free promotion anywhere on school property at any time before 30 minutes after the end of the official school day:

“210.11 Competitive Foods”

National School Lunch Program and School Breakfast Program: Nutrition Standards for All Foods Sold in School as Required by the Healthy, Hunger-Free Kids Act of 2010
Competitive Foods is defined as **all food and beverages sold to students** on the school campus during the school day, other than those meals reimbursable under programs authorized by the National School Lunch Act and the Child Nutrition Act. School Day is defined as the period from the midnight before to 30 minutes after the end of the official school day. School Campus is defined as all areas of the property under the jurisdiction of the school that are accessible to students during the school day.

<u>Competitive Foods Standards</u>		
Food/Nutrient	Standard	Exemptions to the Standard
General Standard for Competitive Food	To be allowable, a competitive FOOD item must: (1) meet all of proposed competitive food nutrient standards; and (2) be a grain product that contains 50% or more whole grains by weight or have whole grains as the first ingredient or be one of the non-grain main food groups: a fruit, vegetable, dairy product, protein food (meat, beans, poultry, seafood, eggs, nuts, seeds, etc.), or (3) contain 10% of the Daily Value (DV) of naturally occurring nutrient of public	Fresh, frozen and canned fruits and vegetables with no added ingredients except water or, in the case of fruit, packed in 100% juice or extra light syrup, exempt from all proposed nutrient standards.

	<p>health concern (i.e., calcium, potassium, vitamin D or dietary fiber) or;</p> <p>(4) be a combination food that contains at least ¼ cup of fruit or vegetable. If water is the first ingredient, the second ingredient must be one of the above.</p>	
NSLP/SBP entrees and Side Dishes Sold A la Carte	NSLP/SBP entrees and side dishes sold a la carte exempt from all standards except the fat and sugar standards ($\leq 35\%$ of total calories from fat or $\leq 35\%$ of calories or weight from total sugar.	
Grain Items	Acceptable grain products must include 50% or more whole grains by weight or have whole grains as the first ingredient.	
Total Fats	Dietary fat per portion as packaged $\leq 35\%$ of total calories from fat per portion as packaged.	<p>Reduced fat cheese;</p> <p>Nuts and seeds and nut/seed butters.</p> <p>Exemption does not extend to combination products that contain nuts, nut butters or seeds or seed butters with other ingredients such as peanut butter and crackers, trail mix, chocolate covered peanuts, etc;</p> <p>Products consisting of only dried fruit with nuts and/or seeds with no added nutritive sweeteners or fat; seafood with no added fat.</p>
Saturated Fats	$< 10\%$ of total calories per portion as packaged.	Reduced fat cheese
Trans Fats	Zero grams of trans fat per portions as packaged (≤ 0.5 g per portion).	
Sodium	<p>Snack and side items ≤ 200 mg sodium per portion as packaged for non NSLP/SBP snack items;</p> <p>Entrée items ≤ 480 mg sodium per portion for non-NSLP/SBP entrée items.</p>	
Total Sugars		Fresh, frozen and canned fruits/vegetables with no added sweeteners except for fruits packed in 100% juice or extra

		<p>light syrup;</p> <p>Dried whole fruits/vegetables, dried whole fruit/vegetables pieces; and dried dehydrated fruits/vegetables with no added nutritive sweeteners.</p> <p>Low fat/nonfat yogurt with less than 30 grams of sugar per 8 ounces.</p>
Calories	<p>≤ 200 calories per portion as packaged including any added accompaniments such as butter, cream cheese, salad dressing etc. for non NSLP/SBP snack items and side dishes sold a la carte;</p> <p>≤ 350 calories for non NSLP/SBP entrée items sold a la carte.</p>	
Accompaniments	<p>Use of accompaniments should be limited when food is sold to students in school. All accompaniments shall be pre-portioned and must be included in the nutrient profile as a part of item served and meet all proposed standards;</p>	
Caffeine	<p>Elementary and Middle School</p> <p>Foods and beverages must be caffeine-free, with the exception of trace amounts of naturally-occurring caffeine substances. No caffeine restriction for high schools students.</p>	
Beverages	<p>Elementary School</p> <ul style="list-style-type: none"> ▪ No caffeinated beverages; ▪ Plain water (no size limit); ▪ Low fat milk, plain (≤ 8oz); ▪ Non fat milk, plain or flavored (≤ 8 oz), including nutritionally equivalent milk alternatives as permitted by the school meal requirements; and ▪ 100% fruit/vegetable juice (≤ 8 oz). <p>Middle School</p> <ul style="list-style-type: none"> ▪ No caffeinated beverages; ▪ Plain water (no size limit); 	

	<ul style="list-style-type: none"> ▪ Low fat milk, plain (≤ 8oz); ▪ Non fat milk, plain or flavored (<8 oz), including nutritionally equivalent milk alternatives as permitted by the school meal requirements; and ▪ 100% fruit/vegetable juice (< 8 oz). <p>High School</p> <ul style="list-style-type: none"> ▪ Plain water (no size limit); ▪ Low fat milk, plain (≤ 12oz); ▪ Non fat milk, plain or flavored (≤ 12 oz), including nutritionally equivalent milk alternatives as permitted by the school meal requirements; and ▪ 100% fruit/vegetable juice (≤ 12 oz). ▪ Calorie-free, flavored and/or unflavored, caffeinated or non-caffeinated carbonated water allowed ≤ 20 fl oz), but not during meal service periods; ▪ Other calorie free caffeinated or non-caffeinated beverages that comply with the FDA standard of less than 5 kcals/serving. (≤ 20 fl oz), allowed, but not during the meal service periods. 	
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